

> PROFESSIONAL CERTIFICATE IN FOOD & NUTRITION COACHING 2 term study plan

| Intake in Feb, May & Sept | On-campus & Online

	Study Period 1	Study Period 2
Year 1	<ul style="list-style-type: none"> • Food Fundamentals • The Psychology of Food • The Successful Wellness Coach 	<ul style="list-style-type: none"> • Introduction to Nutrition • Nutrition For Adolescents • Wellness Coaching in Practice

Choose one class option for each unit you are doing this term as guided by the study plan.

Food Fundamentals	\$495
Thursday NUT002THU	10.00am - 2.00pm Intensive 21 Sept - 19 Oct
Distance NUT002DL	10 weeks 11 Sept - 26 Nov

Nutrition For Adolescents	\$95
Saturday NUT026SAT	10.00am - 2.00pm Workshop 7-Oct
Distance NUT026DL	6 weeks 30 Oct - 10 Dec

Psychology Of Food	\$95
Sunday NUT027SAT	10.00am - 2.00pm Workshop 5-Nov
Distance NUT027DL	6 Weeks 11 Sept - 22 Oct

Introduction To Nutrition	\$495
Thursday NUT001THU	10.00am - 2.00pm Intensive 2 - 30 Nov
Distance NUT001DL	10 weeks 11 Sept - 26 Nov

Nutrition for Common Conditions	\$395
Saturday NUT024SAT	10.00am - 12.00pm 6 weeks 30 Sept & 14 Oct
Distance NUT024DL	6 weeks 11 Sept - 22 Oct

Wellness Coaching In Practice	\$475
Friday WEL002FRI	9.00am - 1.00pm Intensive 15 Sept, 13 Oct, 24 Nov & 8 Dec
Distance WEL002DL	12 weeks 11 Sept - 10 Dec